

# ANNOUNCING!

## 2010—Health, Wellness, Healthcare Reform: New Millennium, New Decade, New Directions

### 13<sup>th</sup> Annual Health and Wellness Summit

May 7, 2010

Morning Wake-UP: The Allen Experience

Opening Plenary

Cultural Diversity: An Ever-New Game Played Out

A.M. Break

Plenary II

Healthcare Reform: For Whom? By Whom? At What Cost?

Second A.M. Break

Plenary III

Diagnoses, Issues, Discoveries, Hoaxes: Navigating the 2010 Mental Health  
Maze (Panel Discussion)

Keynote 2010—Health Wellness, Healthcare Reform: New Millennium, New  
Decade, New Directions

Honorable Kathleen Sebelius, Secretary of Health and Human Services  
(Invited)

Afternoon Break-Out Sessions

A<sub>1</sub> Meth/Crack/Ecstasy/Roids and...: The Substance Abuse Map in 2010

A<sub>2</sub> Obesity, Hypertension, Diabetes, Heart Health: Wellness in the Video

Game Era

A<sub>3</sub> The Internet: Addiction, Abuse, Sexual Predator Awareness

A<sub>4</sub> Terrorism: A Global Issue for Local Communities

Closing Plenary

Reaching for Wellness: Real Strategies for a Really Driven World—H1N1 and  
Other Pandemics

NOTE Due to economic conditions fees are being held constant:

Students: \$10.00 (includes CEUs and lunch)

Adults: \$60.00 (includes CEUs and lunch)

Sponsored by: City of Port Arthur and Lamar State College—Port Arthur

Contact: Department of Health Services—(409)983-8864; (409)983-8832